

*For Immediate Release*

## **MANDARA SPA'S SECOND SPA AT SUTERA HARBOUR RESORT MAKES SENSE**

Kota Kinabalu, Sabah, Malaysia... Mandara Spa Asia opened their newest Malaysian spa, “**Body Senses by Mandara**”, in June 2005 at The Pacific Sutera at Sutera Harbour Resort in Kota Kinabalu.

Mandara Spa has been operating at The Magellan Sutera at Sutera Harbour Resort since October 1999. More recently, they began offering a massage menu in basic treatment rooms at The Pacific Sutera. The decision to invest in a Spa facility at The Pacific Sutera reflected Mandara Spa's desire to provide two complementary Spa experiences within the Resort, allowing for a better range of spa treatments and experience options.

Where Mandara Spa at The Magellan Sutera is aimed at couples and women, set in themes of exotic indulgence, tradition and romance, Body Senses takes a fresh and contemporary approach to appeal to business travellers and club members.

Body Senses by Mandara's décor is modern simplicity with an androgynous appeal. Design elements include stonework features, strategic lighting, neutral tones, light timbers, frosted glass and mirrors. The design is mostly clean lines softened by the occasional voluptuous curve in walls and furniture.

Body Senses by Mandara offers two double suites, one double room, five single rooms and an adjoining gymnasium. The two double suites feature indoor showers and outdoor Jacuzzis, primarily to cater to couples opting for Spa combination packages. Floor to ceiling windows, with frosted glass panels for privacy, invite an abundance of natural light into most of the spa rooms.

The menu at Body Senses by Mandara features several massage options, including Aromatherapy Massage, Muscle Ease, Express Massage and the anti-oxidant rich Natural Defence Facial and a collection of packages designed for him and her to share. There is also a selection of ‘designed for men’ treatments, including the deep cleansing Purifying Facial.

In addition to the two spas, guests and members at Sutera Harbour Resort have a variety of wellness and lifestyle activities available to them. There is water skiing, ocean kayaking, windsurfing, sailing, personal training, yoga, tennis, golf, white water rafting, scuba diving, mountain climbs and treks.

The Sutera Harbour Resort is a wonderfully integrated world of pleasure and relaxation, sprawling on the shores of the South China Sea at the tip of exotic Borneo. Billed as the premier address to live, work, meet and play, Sutera Harbour Resort offers luxury accommodation and easy access to a host of relaxation, sporting, entertainment and culinary holiday options including seven swimming pools, two fitness centres, a 12-lane tenpin bowling alley, 14 courts for three different racket sports and a 27-hole championship golf course.

Note to Editors:

**Sutera Harbour Resort:**

***The Pacific Sutera. The Magellan Sutera. Sutera Harbour Marina, Golf & Country Club.***

Strategically located in the heart of Kota Kinabalu, Sutera Harbour Resort's 384-acre property encompasses two 5-star hotels, an international spa, an award-winning golf and marina club. Also in the family are North Borneo Railway's vintage steam train and the island, mountain and nature eco-resorts of Sutera Sanctuary Lodges. Combining all avenues of leisure, entertainment and corporate business needs in an atmosphere that is refined yet relaxed; Sutera Harbour Resort is the ultimate lifestyle destination in Sabah, Malaysia Borneo.

**Fast Facts on Sutera Harbour Resort:** 956 Rooms. 14 restaurants & Bars. 2 Ballrooms. 28 Meeting Rooms. 27 Hole Championship Golf Course with Day & Night Golf. 41-Bay Two-Tiered Covered Driving Range. 104-Berth Marina. Mandara Spa. Covered/Outdoor Tennis Courts. Badminton Courts. Squash Courts. 12-Lane Ten Pin Bowling Centre. 2 Kiddies Clubs. 2 Fitness Centres. Olympic-sized Swimming Pool. Kid's Pool & Fun Pool. 2 Landscape Pools. Billiards Room. 100-Seat Movie Theatre cum Auditorium. Karaoke Lounge. Water sports. Steam Train. Island, Mountain & Nature Lodges.

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